

AN INVITATION FROM THE HEALTHY RELATIONSHIPS COMMITTEE

2010-11 TELEMEEETING SERIES – 2nd Saturdays Monthly (See time below)

Topic: Skills for Healthy Loving

- September 11, 2010 **Affirming love behaviors:** acts that show emotional and moral support for the person we love; that show respect for and have a high value of the person we love.
- October 9, 2010 **Expressing love behaviors:** tones of voice, gestures, postures and facial expressions that show our love.
- November 13, 2010 **Verbal love behaviors:** words, pet names and phrases that show our expressions of love.
- December 11, 2010 **Self-disclosing love behaviors:** acts and words revealing intimate facts and unique aspects; being open and vulnerable.
- January 8, 2011 **Tolerating love behaviors:** acts showing an acceptance of the less pleasant aspects of the other - and doing so without judging the partner.
- February 12, 2011 **Tactile love behaviors:** physical contact demonstrating loving affection and loving sexuality.
- March 12, 2011 **Object/ gift love behaviors:** giving gifts that demonstrate how much we care for our partner.
Receptional love behaviors: acts and words that show that we appreciate and acknowledge when any of the previous behaviors were done for us.

JOIN US AS WE EXPLORE HEALTHY LOVE BEHAVIOR!

These 7 one-hour telemeetings will be on **Saturdays, at 9:00am Pacific / 12:00 PM Eastern / 5:00pm London**. SLAA members may attend any or all meetings without RSVP. Access code for everyone is **225844#**. To receive our schedule of telephone meetings and topics simply email: healthyrelationships@slaafws.org.

****Call is recorded for later playback.****

Playback number: 712-432-1281 with same access code

Call in numbers:

US: (712) 432-1600
Austria: 0820 4000 1552
Belgium: 070 35 9974
France: 0826 100 256
Germany: 01805 00 76 09

Ireland: 0818 270 021
Italy: 848 390 156
Netherlands: 0870 001 920
Spain: 902 886025
Switzerland: 0848 560 179
UK: 0870 35 204 74