

Weekly Anorexia Telephone Meeting

TOOLS FOR YOUR ANORECTIC RECOVERY

Focus on emerging draft literature

Themes:

- Emotions
- Tenderness
- Taking Care

Fridays

6:00pm Pacific, 7:00pm Mountain, 8:00pm Central, and
9:00pm Eastern

Call-in number: 712-432-1600 Access code: 746879#

Call is recorded for later playback.

Playback number: 712-432-1281 with same access code

*1 to rewind 30 sec. *2 to fast forward. *5 to pause/resume

- There will be open telemeeting fellowship for 15 minutes before the meeting and after the meeting for as long as people want to talk. Exchange of phone numbers and email addresses during fellowship is encouraged.