

SLAA Greater NY Intergroup - September 2019 Minutes
September 8, 2019
Secretary: Alex Q

The regular monthly business meeting for SLAA Greater NY Intergroup was held on September 8, 2019, at 3:30-5:30, at St Francis of Assisi, 135 W 31st St, NYC, Room 3.

The officer attendees present were: Chair (Sam), Secretary (Alex Q), Literature (Jenny), Journal Rep (Kara), Communications (Dan M). Treasurer was absent.

Other attendees were Judy (By-laws and Events committees), Ava (Events committee), Tom (Friday 4:30p rep), Gabriel (Monday 8pm mtg).

I. OPENING

Opened with the trusted servants prayer, reading of 12 steps, 12 traditions, and the Guidelines for Safety.

II. REPORTS

A. August 2019 Minutes

Minutes were accepted by acclamation.

B. Treasurer

Not presented.

C. Literature

Jenny reviewed the report spreadsheet:

- Inventory: \$1,266.85
- Capital One account : \$55.74
- Cash on hand: \$80.00
- Grand Total: \$1,346.85

D. Communications

Dan gave the following report:

- 11 emails
- 2 new meetings: Westchester + Saturday morning Citylights
- 2 people emailed looking for sponsors
- Sunday night Brooklyn Men's meeting moved locations and the new location needs "proof of insurance", can IG help with this?
- Dan put together website inquiry box, received 35 emails
- Next he will put together introductory email to send to interested parties and invite them to IG

- Dan's goal is to have at least 10 people on sponsorship list

All reports were accepted by acclamation.

III. ANCILLARY REPORTS

A. Journal

Kara gave the following report:

- September topic: Anorexia and acting out, please share any experience you have showing that anorexia and acting out can be 2 sides of the same coin
- November topic: Thank you AA & Alanon founders for what they gifted the planet as adapted by SLAA
- Kara has announced the journal at Thursday Healthy Relationships and other meetings where she motioned that meetings get their own journal subscriptions, motion passed.
- Asks that people announce journal at their meetings and make motion to have meeting get a subscription (\$24/year)

B. ABM 2019

- Sam did not get to writing the ABM 2019 report, will attempt for next meeting
- Ava on ABM 2019
 - Anorexia 4-5-6-7 approved
 - Meditation book approved "A State of Grace" (published soon)

C. Events Committee

- Kara gave the following report:
 - Submitted signed contract to St Margaret's house for November 17 (have not received countersigned contract)
 - Next step is to circulate flyers. Meeting announcement responsibilities were distributed among attendees.
 - Sam volunteers to prepare sign in sheet for event

D. By-Laws

- Judy notes that during elections any member of the meeting can nominate officers and the chair can ask nominees to step out of the room for discussion
- Jenny finds the language in by-laws about difference between IG rep and chair confusing
- Sam offers to get involved if we are not done with by-laws by end of year
- IG elections are in November

IV. REQUESTS FOR NEW BUSINESS

1. (Judy) Elections, leaving the room to discuss nominees
2. (Ava) Message to recruit people to IG

3. (Judy) Website update / consolidation
4. (Kara) Motion to add feelings check in to IG beginning

VI. OLD BUSINESS

1. Newcomer introduction to practices & procedures in Intergroup. Consider use of LA IG's material.

(Sam) Maybe we can make a 1-2 page outline inspired by the LA material (which is too long).

Kara motions to add feelings check in to beginning of IG. 7 in favor, 1 abstaining, motion passes.

Judy motions to form a committee to create a 1 page newcomer introduction to for IG. Motion passes unanimously.

2. Guidelines for Safety – Language from AA

Didn't get to this.

3. Retrospective on Workshop

Outdated.

4. Delete email lists of people who signed up for info about June Workshop

Dan motions to keep the old workshop list and collect new emails for Nov 17 workshop and then next month email them about workshop. 5 in favor, 2 opposed, 1 abstention. Motion passes.

5. How do we do better?

Didn't get to this.

6. Order more Journal subscriptions and sell them individually?

Didn't get to this.

7. Sponsorship list

Didn't get to this.

VII. NEW BUSINESS

(Ava) Message to recruit people to IG

Alex motions to accept Ava's email copy and have it sent to 35 people who signed up to learn more about intergroup. Motion passes unanimously.

VIII. BRING BACK TO MEETINGS

Flyers for November event.

IX. CLOSED WITH THE SERENITY PRAYER