# Minutes of October 6, 2020 IG Meeting,

The October monthly meeting of the Intergroup of Sex Love Addicts Anonymous NY & Northern NJ was held Sunday October 6 at 3:50pm electronically on Zoom, the Chairperson Mark S. being in the chair and the Secretary, Shoky P, being present.

Members present: Ava H, Yaya, Ava H, Cathy, Lloyd F, Samuel, Scott S, Isa, Mark S., Shoky P., Cara

Non members present:. David C

The minutes of the last meeting were read and approved.

#### Reports were given on:

Literature Committee report from Elias C. read by Mark S. A literature picnic discussed. Elias C.'s idea was at least temporarily tabled due to personal issues. Elias C. will instead offer books from his Queens apartment. Interested fellows can contact him at literature@slaany.org

Communication report was read by Mark S. for Dan M. (who was not present). See attached Communications Report.

Treasurer's report from treasurer Cara. The new bank account was set up. \$348 via paypal, ending balance \$8464.56.

#### **Ancillary reports**

Conference charter committee: there will be an intergroup convention in December.

Journal committee: There is a discussion in FWS of making the Journal a free "e-publication". This should not be mentioned to groups yet. See the attached "Messages to take home to groups" for information on journal submissions for January 2021 issue on Anonymity.

#### **OLD BUSINESS**

2. ABM 2021, will likely be online, so we are going to wait and see about whether there is any need to apply for NY area to host it.

#### **NEW BUSINESS**

The lawyer Diana arrived in the meeting to discuss the recommendation for SLAA to hire an accountant for tax purposes. This will be investigated by Cara and discussed next month.

Motion passed to allow Cara to review the quote for the Officers Insurance and to make the payment for that. The quote offered by Travellers is attached to the e-mail. As the quote was similar in price to the prior quote obtained by a different company, Cara seemed to think that

Travellers was more appropriate since it is a more well-known company. She will review the document to see if the insurance is affordable enough and adequate for SLAA NY IG needs.

Motion passed for \$125 to be given to Women of Color meeting after a discussion of reimbursement protocol. The WOC meeting began pre-pandemic and should be given the full amount in the by-laws without application. We discussed including virtual meetings for reimbursement for start-up expenses for a lesser amount. Mark is going to follow up with Dan and Vanessa who are going to create a template for groups in general to submit reimbursement requests.

Nominations were made for all current officers for 2021. Those in their current service positions agreed to run for 2021. 1st agenda item in November will be the Election for 2021.

Dates of future meetings discussed. Motion passed to hold January 2021 IG meeting on January 10 as opposed to January 3<sup>rd</sup>.

**BRING BACK TO MEETINGS** 

See attachment.

The meeting adjourned at 5:28pm. Respectfully submitted by Shoky P, Secretary

Tradition One - Our common welfare should come first; personal recovery depends upon S.L.A.A. unity.

Tradition Two, Sentence Two – Our leaders are but trusted servants; they do not govern.



# **Greater New York Intergroup - SLAA**

# Meeting Agenda - October 4, 2020

# I. OPENING

A. Prayer for Trusted Servants

Higher Power, we ask for your guidance in carrying out this work in service to the SLAA fellowship. Relieve us of the burdens of our egos and perfectionism. Grant us the grace of humility. Remind us to place principles before personalities. Help us to focus only on the greater good of the fellowship. Let us know that we are responsible only for doing the leg work, not the outcome. Give us the faith to trust in You and the group conscience. And . . .

Give us the serenity to accept the things we cannot change, the courage to change the things we can, and the wisdom to know the difference.

- B. SLAA 12 Steps, 12 Traditions, and 12 Concepts (12 Concepts in January, April, July and October)
- C. Introductions and "check-ins"
- D. Spiritual Timekeeper Is there a volunteer to act as Spiritual Timekeeper?

# E. Guidelines for Safety

In sharing during Intergroup meetings we proceed in an orderly, respectful manner. The chairperson will call on people to speak. We do not interrupt one another.

While we encourage expressions of opinions we do not direct them at specific people. This is called "personalizing." We keep the focus on the specific issue under discussion.

Raise your hand and state "point of order" if you feel a procedural rule has been violated.

Anyone may request a 30-second spiritual timeout during the meeting. During a spiritual timeout, the meeting participants are expected to refrain from any activities including speaking, reading and writing for a period of 30 seconds.

You may request the Guidelines for Safety be re-read. The chairperson will pause the speaker and reread the Guidelines for Safety.

### II. REPORTS

- A. September 2020 Minutes
- B. Treasurer
- C. Literature
- D. Communications

#### III. ANCILLARY REPORTS

- A. ABM Committees
- B. Virtual Meetings Committee
- C. Incorporation / 501c3 Committee
- D. By-Laws
- E. Journal
- F. Events Committee

# G. Newcomer Introduction Pamphlet/Flyer Committee

## IV. REQUESTS FOR NEW BUSINESS

1.

## V. OLD BUSINESS

- 1. (Shoky) Insurance update
- 2. ABM 2021, 2022 updates; NY application for 2022 update
- 3. Distribution of funds for new meetings; Meetings receiving copies of bylaws
- 4. (Sam) FWS Forum
- 5. (Sam) Newsletter
- 6. (Sam) NY IG Zoom account
- 7. (David) Retreat reserve
- 8. (Caroline) Sponsorship chair at meetings
- 9. (Caroline) Profile photos of meeting attendees
- 10. (Kara) Motion for reading grapevine tradition every month

## VI. NEW BUSINESS

1.

VII. BRING BACK TO MEETINGS

VIII. CLOSING WITH SERENITY PRAYER

| reater New York A     | rea Intergroup of SLAA September 1 to September 30 2020 | 2020 Treasury Report - |  |
|-----------------------|---|------------------------|--|
|                       |   |                        |  |
| ssets                 | 9/30/2020   |                        |  |
| aypal balance         | \$7,323.52  |                        |  |
| D Bank balance        | 1,569.26  | 1                      |  |
| Cash on hand          | \$235.10  |                        |  |
| checks on hand        | \$0.00  |                        |  |
| TARTING BALANCE       | \$9,127.88  | ENDING BALANCE         |  |
| ONTRIBUTIONS/INCOME   |   | PayPal/Bank Fees       |  |
| aypal:                |   | • •                    |  |
| ontRIBUTIONS/INCOME   | 1   | -0.33                  |  |
| ontRIBUTIONS/INCOME   | 72.7  | -2.41                  |  |
| ontRIBUTIONS/INCOME   | 10  | -0.59                  |  |
| ontRIBUTIONS/INCOME   | 8   | -0.65                  |  |
| ontRIBUTIONS/INCOME   | 20  | -0.88                  |  |
| ontRIBUTIONS/INCOME   | 5   | -0.45                  |  |
| ontRIBUTIONS/INCOME   | 10  | -0.59                  |  |
| ontRIBUTIONS/INCOME   | 50  | -1.75                  |  |
| ontRIBUTIONS/INCOME   | 2   | -0.36                  |  |
| ontRIBUTIONS/INCOME   | 5   | -0.36                  |  |
|                       | 1   |                        |  |
| ontRIBUTIONS/INCOME   | 3   | -0.33<br>-0.39         |  |
| ontRIBUTIONS/INCOME   |   |                        |  |
| ontRIBUTIONS/INCOME   | 156   | -4.82                  |  |
| ontRIBUTIONS/INCOME   | 5<br>6340.00  | -0.45                  |  |
| otal paypal contrib   | \$348.00  | \$14.45                |  |
| OTHER mailbox contrib | 0 as ot 8/31/2020                                       |                        |  |
| OTAL Mailbox ADDIT    | \$0.00  | \$14.45                |  |
|                       | \$0.00  |                        |  |
|                       | \$0.00  |                        |  |
|                       | \$0.00  |                        |  |
|                       | \$0.00  |                        |  |
|                       | \$0.00  |                        |  |
|                       | \$0.00  |                        |  |
|                       | \$0.00  |                        |  |
|                       | \$0.00  |                        |  |
| OTAL ADDITIONS (Pay   |   | \$0.00                 |  |
| XPENSES               | \$346.00  | \$0.00                 |  |
| aypal fee             | \$11.32   |                        |  |
| awyer fee -non profit | \$975.00  |                        |  |
| awyer ree -non pront  | \$375.00  |                        |  |
| ank fee               | \$25.00   |                        |  |
|                       |   |                        |  |
| SUBTOTAL EXPENS       | \$1,011.32  |                        |  |
| TUED                  |   |                        |  |
| OTHER_                |   |                        |  |
|                       |   |                        |  |
|                       |   |                        |  |
|                       | -\$663.32   |                        |  |
| IET MONTHLY TOTAL C   |   |                        |  |
| 30-Sep-20             |   |                        |  |
|                       | \$8,464.56  |                        |  |
| 30-Sep-20             | \$8,464.56  |                        |  |

Please find the attached September 1-30, 2020 Treasury report.

Please note the following:

A new bank account has been set up to adhere to the non-profit status and compliance.

There were no contributions in the P.O. mail box.

There were \$348.00 in contributions via paypal.

There was \$1,011.32 expenses, including lawyer, paypal and bank fees.

The Ending balance as of 9/30/2020 is \$ 8,464.56

Topics to discuss: Funding for future Insurance, Accounting and Lawyer fees.

Thank you , Cara

### **SLAA NY Intergroup – October Communications Chair Report**

- 1) Between September 6th and today, we received 12 emails, below average.
  - 2 of these emails were people looking for sponsors.
  - 2 of these emails were the standard new member inquiries.
  - We have two new Intergroup reps (Pinar from the Monday Night Women's Step Writing meeting and Joe from the Monday Men's Brooklyn Meeting at 7 PM)
  - The Texas Virtual Roundup is October 19th-23rd at 7 PM. https://www.slaatexasroundup.org/
  - A bizarre email about the infighting amongst the Anorexic meeting community at SLAA Russia!
- 2) Still only one sponsor on the sponsorship list (me!) Here is the link to the Google sheet.

https://docs.google.com/spreadsheets/d/1PAVKT3FgBaT4hHKNDth-yj2nuMHMUPxYdGiz1lhcg7Q/edit?usp=sharing

3) Updated By-laws posted on the home page of the website per Sam and Yaya's request.

## **Literature Report -- October 2020**

# Dear NY Intergroup,

I am attending to my beloved cat, who is 20 and ill. My presence at today's meeting is in doubt. I will keep you posted. Here is my Literature Report:

We ordered \$413 worth of literature from FWS. It arrived last week. \$300 was approved at the last business meeting. \$113 was guaranteed by two individual members. Our fund had \$282 at the time of purchase.

The email transfer is complete. I am receiving the forwarded emails here from literature@slaany.org. There were two inquiries.

Some fellows and I are envisioning a literature picnic, a Saturday in October, or maybe two, where we can sell literature to our members. I think Central Park would be a convenient location for most of us, somewhere near the southern end. This will be done very discreetly. The materials will be kept in a box, so not to draw any attention from the public or passersby. I'll lay out a blanket and make myself comfortable. I would like as much company and fellowship as HP will allow. I would like to get the word out, either on the website, or word of mouth at our meetings, or both. I'd like to start doing that tonight. I could be available to stay out there from around 11am to 4pm. It could be a fellowship event. We can bill it as a fellowship picnic where literature will be available to buy. Thoughts? Suggestions?

# Thank you!

I hope to be there today. If you could, say a prayer for Edward. I found him on 109th Street and Manhattan Avenue in March of 2001. He was already a year old then. He's been a true gift.

Elias C.