

Minutes  
Sex and Love Addicts Anonymous of Greater New York  
Intergroup Meeting of 2/5/23  
Anne B taking notes

Opening

Prayer for trusted servants,  
12 steps, 12 traditions,  
Check-ins

Attendance

Mark S (chair)

Anne B (secretary)  
Joseph P (Thu 7pm City Lights)  
Maggie (Tue 7 pm Women's Path to Freedom)  
George (Fri pm Montclair, NJ)  
Daniel M (vice chair, communications committee)  
Sam K (Wed. Night men's in person meeting)  
Teri K (Wed 7:35 women's the Solution is Spiritual)  
Ava H (Saturday beginner's meeting)  
Claudia (Fri 6:15 pm Zoom)  
Camila (Mon 7p women's step writing)  
Cara (treasurer)

REPORTS

Minutes (Anne B)

Minutes were distributed by e-mail with the agenda.  
Anne read them aloud to the Meeting  
No discussion ensued. The minutes were deemed approved.

Treasurer (Cara)

The full report was distributed with the agenda. The following is a summary with rounded amounts:

liquid	balance:
\$6.7k reserves	
(ABM &	prudent)
\$5.5k	
Total	assets
\$11k	
income	for January

\$900  
expenses for January                      \$400

### Communications (Dan)

We got 12 e-mails, which was about an average month. 2 were asking about in person meetings. 3 were asking about sponsors. There was a request from a fellow who was at the share-a-day who wanted to get some of the speakers. The rest were pre-newcomer inquiries about the nature of the program

We used to have an account with Vonage. They maintained the number that we had on the website. They would transcribe voice messages and text them to us. We got about 3 or 4 such texts per month. That account has been discontinued. Dan doesn't know if that was because of lack of payment or lack of activity. We have to decide if we want to create a new account.

Dan found a free space downtown suitable for hosting meetings, which belongs to a program member. The Thursday night City Lights meeting will move there to try it out. It seems like a very nice space: a conference room and lounge in a co-working space on Broadway near Wall Street. This space is available for other meetings.

### Virtual Meeting Registrar

Vanessa is absent, so no report.

### Reports from FWS committees

- Board Program and Management Committee (Mark)
  - The 2023 ABM will be in Orange County, CA. Even though the previous ABM was in California, they decided to go with California again, because they were impressed with a dedicated group of volunteers committed to help
  - ABM will be hybrid, but the hybrid registration cost will not be much different from the in person cost — which includes room and board — because of the cost of equipment and logistics
  - LA is working to get closed captioning. It would be nice to know if any of our meetings are doing this. (The Tuesday night women's path to freedom meeting does have closed captioning; Vanessa may be able to add this information to the Google Doc/web site)
  
- Board finance committee (Ava)
  - Debating raising literature prices — though that might lower sales.
  
- CAC (Ava)
  - Working on the characteristics of anorexia
  - Group working to lower the reading level of our literature to a 5th grade reading level

Journal question of the month: What advice or suggestions would you give a newcomer?

### New Business

Suggested topics:

- Plan events
- Share-a-day
  - Dan and Joe did the last one. A committee is needed. Two people is not enough
- FWS is asking for a communications reporter
- Online payments
- In person meeting before intergroup discussion
- Do we want to re-establish a phone account?

#### PHONE ACCOUNT DISCUSSION

We wonder whether it's worth paying even \$10/mo if there are few inquiries. Also, getting people to monitor it could be an issue. Maybe the e-mail address is enough. It might not be the case that people call in crisis and want an urgent response. It's more pre-newcomers who have little sense of what the program is and would be unlikely to reach out that way.

Could just have a standard voice mail that answers typical pre-newcomer questions. Google voice may be able to do this for free. Dan will look into this and report next month.

GDVI has some lines where you can hear free shares or speakers. We could put links to those lines on our website. Also, it appears that the LA intergroup has some lines that we could list.

#### SHARE A DAY

MOTION to set up a committee to plan it. We will only go forward if we have sufficient volunteers

- We need at least 4 months of planning — so this likely won't be before July
- We need more than 2 people
- Dan & Joe volunteer to help again
- There is a big interest in an in-person event
- No recommendation for "hybrid" event. Suggest an in-person event without hybrid.
- If fellows want a virtual event, we can set up a separate virtual one. Anne is willing to help for a virtual event.
- Discussion of previous WiFi issues: Our contractor was clear that we needed a hard wired connection. That wasn't available and we didn't know that the WiFi wasn't working.
- Some people may not understand what Share-a-Day is
- Motion withdrawn due to lack of volunteers — We need to announce this at meetings

#### IN PERSON INTERGROUP MEETING

- only one person has volunteered to organize it — Dan
- He is going to move the Saturday City Lights meeting to the new space. Then he can bring back comments.

- Location for Intergroup meeting has to have WiFi for virtual attendance; the new downtown space has good WiFi capability

#### ONLINE DONATIONS

- We currently have CashApp and PayPal
- We were using the City Lights Venmo — and they transferred amounts to us via PayPal
- We may want to ask in meetings if Venmo is desired; we can try to arrange it, but it's difficult to get Venmo for organizations.

#### FWS LIAISON/Announcements/Newsletter person

- No volunteers appear

Motion to close passes with no objections, 6:33pm

#### Take home to Meetings (Announce at Meetings)

- An accessible space suitable for meetings has become available downtown near Wall Street free of charge, due to a generous offer from a program member. If you are interested in moving your meeting to that space, contact [info@slaany.org](mailto:info@slaany.org)
- If you registered your meeting with FWS, which would be very helpful both to FWS and to Intergroup, please forward the e-mail you got in acknowledgment to [info@slaany.org](mailto:info@slaany.org)
- **Share-a-day:** We have so far two volunteers to help organize an in-person Share- a-day and one volunteer to help organize a virtual Share-a-Day. If we are going to have a Share-a-day (1 or 2 day program of workshops and speakers), we are going to need more help. Please try to drum up volunteers.
- If your meeting has enabled closed captioning or has an ASL interpreter, please let Vanessa know so that she can note that on your listing. FWS is trying to improve accessibility for the hearing impaired. Contact [info@slaany.org](mailto:info@slaany.org) with that information.
- FWS has encouraged intergroups to have a newsletter. Please ask around if there is anyone who is willing to work on such a newsletter.
- The question of the month in the SLAA *Journal* asks what advice you would give a newcomer in recovery. More info here <https://slaafws.org/thejournal/>
- Do you need a Venmo option for donations to IG? If so, please let intergroup know: [info@slaany.org](mailto:info@slaany.org) We already have PayPal and Cash App. Information on donating to intergroup is at <https://HYPERLINK> "<http://www.slaany.org/donations>"[www.slaany.org/donations](http://www.slaany.org/donations)