

Sex and Love Addicts of Greater NY
Minutes of 7/9/23 Intergroup meeting
Anne B taking notes

OPENING

Trusted Servants Prayer

12 Steps

12 traditions

Check-ins

Attendance:

- Claudia – Fri nite 6:15 zoom; ABM delegate
- Alicia – women's daily topline
- Beth – wed eve Zoom
- Anne – Secretary
- Cara – Treasurer
- Heather – women's path to freedom Tue pm
- Stephanie – women's Wed in person Brooklyn
- Joe – Thu City Lights 7pm
- Vanessa – virtual meeting registrar
- Mark S – chair
- Jo (briefly at the end)– double winners straight pepper diet hybrid meeting

Guidelines for safety

Time keeper: Heather

REPORTS

Minutes

Anne read only the motions part of the minutes

Other parts of the minutes were distributed with the Agenda

No amendments were proposed

Communications

Dan not available – tabled

Treasurer's report (Cara)

Full report distributed with agenda

Bank balance is 9.1k

Liquid Balance is 1.1k when reserves are subtracted

However, with the ABM expenses we may exhaust that, so there may in fact not be any available balance

We will stop our \$100/mo contribution to supersaver

Last month, the Saturday beginner's meeting mistakenly sent a contribution to CityLights Venmo. Dan forwarded that to the Intergroup account.

Some discussion of the mechanics of Venmo.

Virtual Meeting Registrar (Vanessa)

The most common question she receives is whether people can register their meetings. There are links to register meetings on the meetings list – and repeated below.

Currently we have 16 confirmed meetings registered with FWS; 12 unconfirmed.

We have 59 virtual meetings listed on our website.

Vanessa sent this information to Pam Martin in the FWS office. She requested this from NY IG after noticing several meetings had not updated their status for several years.

FWS committees

CAC – Anne is organizing a subcommittee to organize and edit anorexia related dating plans

Mark

- During the ABM there are breakout sessions for the committees. It's a great opportunity to get involved with service at the fellowship level
- There is now a fellowship newsletter, coming out in July, with more information about FWS
- 2 members of the board of trustees are coming to the end of their terms and candidates are needed

Alicia – literature committee – Brochure on outreach calls came up at the last ABM. New items: SLAA on the internet; working the program, not the problem (anorexia), 50th anniversary text; another anorexia document
She had proposed a brochure on keeping SLAA safe, but that was denied

Claudia: ABM delegate – was told she could join a committee when she gets there

Cara: she is on the healthy relationships committee and the finance committee – and will be attending those in person at the ABM

Announcements

Announcements about the FWS newsletter & The Journal below

Share-a-Day committee

- The Share-A-Day is looking into the Bond Collective at 55 Broadway. Space to be provided by an SLAA member. It would be \$650 for the 2 days. No advanced payment needed to hold the space. See <https://www.bondcollective.com/locations/55-broadway>. Note that previous space, St Margarets, is unavailable due to renovations.
- We have a complete agenda of speakers
- We still need bodies on the ground to run things in person

REQUESTS FOR NEW BUSINESS

- Progress on IG donation campaign (Venmo update, creation of a donation promotion blurb for the meetings)
- IG meeting in person – location progress?
- Is Share-a-day feasible with so few volunteers?
- Organizing a silent auction for Share-a-Day

MOTIONS

Cancel monthly contribution to FWS due to financial issues

Passes 8-0-0

Authorize \$650 for Share-a-Day space at Bond Collective, once we confirm we have sufficient funds

Funds not needed now to reserve space.

Internet at the space is a high-speed connection, so for meeting leaders, if they wish, can offer a hybrid session at the Share-A-Day. We can put links on the flyer. Technical details may need to be worked out by the person wishing to offer the hybrid option.

Motion passes 6-0-1 (1 Abstention)

Motion to create a virtual events committee

Volunteers: Heather, Alicia, Anne (once share-a-day is over)

Request for a retreat

The committee was formed.

Take Home

- 1) To register your meeting or change meeting details with slaany.org (there is no need to use e-mail contact):
<https://docs.google.com/forms/d/e/1FAIpQLSdNbARVBu2ZRNNxTnCVUHBKcMN12wTJxkDhE1ia18XSDJ-8Jw/viewform>
- 2) To register your meetings with slaafws.org <https://slaafws.org/registermeeting/>
- 3) There is now an FWS newsletter! See the latest edition from March 2023. See <https://slaafws.org/NEWSLETTERS/2023-06/FWSNewsletter-2023JuneIssueCC.pdf> and for more information see <https://slaafws.org/NEWSLETTERS/2023-06/FWSNewsletterMarch2023Issue-Print.pdf>
- 4) Latest Journal <https://slaafws.org/thejournal/> #202: Recovery Suggestions (July 2023); #203: Self Love (August 2023) – The Journal is accepting short shares and articles for the next questions of the day #204: Sept/Oct Messages of Recovery.
- 5) Volunteers still needed to help with Share-a-Day on Oct 7-8. Current plan is to hold the event at the Bond Collective, 55 Broadway (Financial District). See information on the space here: <https://www.bondcollective.com/locations/55-broadway/>
- 6) Announcement: Intergroup needs more contributions. Because of expenses associated with ABM travel to Orange County for 4 delegates, we are going into our prudent reserve at this point. Link to donate to support the intergroup:
<https://www.slaany.org/donations>