# Sex and Love Addicts Anonymous of Greater New York Intergroup Meeting of 4/2/23 Anne B taking notes

#### Attending:

- Mark S (chair)
- Anne B (secretary)
- Joseph P (7pm Thurs City Lights)
- Gregory G (Constant Contact daily 5pm)
- Claudia (Friday 6:15pm on zoom)
- George (Montclair)
- Matt H (wed 6pm mens 107)
- Janine M (Women's Daily Toplines 10 am)
- Cara (treasurer)
- Teri K (Wed 7:30 Solution is Spiritual Women on zoom)
- Stephanie D (Wed 7:30 Solution is Spiritual in person)
- Ava (Sat night beginners in person)

#### Reports

## Minutes read by Anne B

<u>Treasurer</u> (Cara) (full report distributed with agenda)

Bank Balance 12.6k
ABM travel reserve (3k)
Prudent reserve (2.5k)
Available 7.1k

YTD income 2k YTD expenses 0.5k

Our assets are in a bank account and a PayPal account

Communications report (Dan in absentia) (full report distributed with agenda)

- There were 10 e-mails
- New Google Voice account <u>646-360-0325</u> We need volunteers to answer voice mails
- Contact <a href="mailto:info@slaany.org">info@slaany.org</a> for list of sponsors

Registrar (Vanessa in absentia) (full report distributed with agenda) — basically no changes

#### FWS Committees

CAC (Anne) has decided not to adopt characteristics of anorexia at this time

## Board Program & Membership Committee (Mark)

- ABM will be in person only due to cost. Type of technology required is beyond a regular Zoom account
- Some committee meetings will still be virtual

<u>The Journal</u> (Cara) a new issue is out (Issue 200 — "Acting as if") https://slaafws.org/thejournal/

#### **Events committee**

Amanda, Chris & Joseph will be meeting Saturday at 10am Anne volunteers to join the committee

#### Announcements

- ABM Aug 1-4, Orange County approx cost /delegate for hotel is \$1400 would be slightly reduced if people room together
- FWS newsletter is looking for a new newsletter coordinator

#### **New Business Suggestions**

- outreach to our groups
- · registrations for ABM

## OLD BUSINESS

## More ABM Delegates

- George (Montclair, NJ) & Ava H. nominate themselves to go
- People who travel over 500 miles are eligible for travel equalization grants from FWS

#### Motions:

- 1. Send a 3rd delegate passes 9 yes, 1 no, 1 abstention.
- 2. Send George (Montclair, NJ) passes 8 yes, 3 abstentions.
- 3. Allow Ava to go as a delegate if she pays her own way passes 8 yes, 2 abstentions.

Each delegate has the responsibility to register and book travel — then ask for reimbursement. The registration price goes up in May, so people should register now.

Discussion of whether we should do outreach to the groups — no motion results

# Proposed for new business next month

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Fundraising efforts for intergroup

Possible NY IG newsletter

Delegate for Intergroup forum

Meeting closes at 6:42

## Take back to meetings

- 1. SLAA NY will be sending four delegates to the Orange County (CA) ABM in August. These delegates are representing various groups in our region (both online in person). One of these delegates has offered to pay for her own expenses.
- 2. Volunteers needed to answer voice mails left on our new google voice account. Contact info@slaany.org
- 3. Contact <a href="mailto:info@slaany.org">info@slaany.org</a> for list of sponsors.
- 4. Make sure your meeting is registered with FWS so that SLAA FWS can send your group a donation number and you are counted for the purpose of our intergroup ABM representation. See <a href="https://slaafws.org/registermeeting/">https://slaafws.org/registermeeting/</a>
- 5. March 2023 issue of the Journal "Acting as If" <a href="https://slaafws.org/thejournal/">https://slaafws.org/thejournal/</a>
- 6. FWS is looking for a newsletter coordinator.
- 7. There is an Intergroup Forum scheduled for the end of April. We are looking for someone interested in representing NY on this forum. Two dates have been announced, Saturday, April 29th at 12:00pm (EST) and Sunday, April 30th at 8:00pm (EST). It will be on Zoom.

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