

## **SLAA New York/Northern NJ Intergroup Meeting Minutes: December 2021**

The December 2021 monthly meeting of the Intergroup of Sex Love Addicts Anonymous of Greater NY was held Sunday December 5, 2021 at 5pm electronically on Zoom, the Dan M (the Chair pro tem) being in the chair for Mark S.

Members present: Cara, Sam, Anne, Ava, Cathy, Elias, Lloyd, Shoky, Vanessa  
Non-member guest: Greta

The minutes of the last meeting were read and approved.

### **Reports were given on:**

Treasury by Cara: The ending balance is \$15,169.72  
Literature by Elias  
Communications by Dan  
Meeting registrar by Vanessa

### **Ancillary reports:**

ABM by Sam  
Anorexia by Sam  
Shoky on virtual ABM  
Journal by Lloyd  
Hybrid equipment committee by Dan  
Service Forum by Lloyd

### **New business**

ABM representative reimbursement limits (should time limits for service be implemented?)  
Taking over literature and funds from defunct in-person groups

### **Old Business**

Election accepted by candidate nominations:  
Chair: Mark  
Vice Chair & Communication: Dan  
Secretary: Sam  
Treasurer: Cara  
Literature: Motion to move to next month for nomination, vote  
Registrar: Vanessa  
Service Forum: Anne

### **New Business**

Motion passed for intergroup to takeover literature and funds from two defunct in-person groups, the "Conscious Contact" group and an LGBTQ meeting.

Motion passed to give \$35 for literature expenses to Elias

Motion postponed on ABM rep reimbursements

Suggestion made to chair to use anonymous polling features in Zoom for IG voting over using more public forms of voting, including audible roll calls.

The meeting adjourned at 6:33pm.

Submitted by Shoky P, Secretary

Next meeting January 9, 2022 5pm.

**Take back to meetings**

SLAA Intergroup is still looking for a member willing to be of service as the Literature representative. Please come to the January meeting if interested in serving.



# S.L.A.A. FWS Service Forum Report

## Slaafws.org

December 5, 2021

By Lloyd F, Service Forum Rep

1. [SLAA YouTube Channel](#) has posted a new video called Foundations of Recovery: Steps 1-2-3

Courtesy of SLAA International Women's Group

2. [Virtual Fellowship November 2021 Newsletter is available](#)  
[https://slaavirtual.org/virtualfellowship news -November 2021/](https://slaavirtual.org/virtualfellowship-news-November-2021/)
3. [The Journal](#) – issue #192 [People As Drugs](#) is out now! You can download for free from SLAAFWS website or [subscribe](#) to have the printed version delivered.

The Journal is the bi-monthly magazine of S.L.A.A.; our "Meeting in Print". The Journal brings a fresh perspective to meetings and S.L.A.A. members with relevant topics, insightful shares, stories, and poetry from members, as well as news and event announcements from Fellowship-Wide Services.

4. Lifesaver Program monthly matching contribution campaign currently has \$72,028.77; target is \$113,000.

5. [Sober Sisters Talk Podcast released 5 episodes!](#)

- [Revealing the Authentic Self](#)
- [Night at the Movies](#)
- [Five Major Resources](#)
- [You're My Everything](#)
- [Get in Shape to Date](#)

– Sober sisters talk is a warm, smart conversation between M.G. and Elizabeth Pudwill about taking sobriety out in the world. These two savvy sober women have long term sobriety in multiple programs and bring their life experiences out in the open, dealing with tough topics such as “Is there a gray area?” “What’s a dating plan?” “Sex and sobriety” “Working multiple 12 step programs” “What is emotional sobriety?” and more.

6. Upcoming Meetings and Events

- A. Cleaning Up Our Side of the Street-Step 9 Focus Meeting

Plan Your 2022 With a Clearer Mind

What's the Difference between Making Amends and Offering an Apology?

Tuesday December 7th and Tuesday December 21<sup>st</sup> 7:30pm to 9:30pm  
Greater Delaware Valley Intergroup

Email: [INFO@SLAADVI.ORG](mailto:INFO@SLAADVI.ORG)  
Website://SLAADVI.ORG

**B. 12 Step SLAA Weekend in Attleboro, MA In Person December 10th-12th, 8P**

**C. M to 1 PM**

Join fellow S&L addicts for winter weekend at La Salette Retreat Center 947 Park Street, Attleboro, MA 02703. During the weekend the steps from the S.L.A.A. Basic Text will be reviewed. Early registration discount has been extended to Sunday, December 5th. Cost is \$260 For information by email: [12stepretreat@slaanei.org](mailto:12stepretreat@slaanei.org)

**D. 12 Step Virtual Retreat Friday December 17th to Sunday December 19<sup>th</sup> 5:30pm to 2:00pm**

Register Now

Greater Delaware Valley Intergroup

Email: [INFO@SLAADVI.ORG](mailto:INFO@SLAADVI.ORG)

Website://SLAADVI.ORG

**Please encourage fellow SLAA members to sign up for the service forum.**

Tradition One - *Our common welfare should come first; personal recovery depends upon S.L.A.A. unity.*

Tradition Two, Sentence Two – *Our leaders are but trusted servants; they do not govern.*



## **Greater New York Intergroup - SLAA**

### **Meeting Agenda – December 5, 2021**

#### **I. OPENING**

##### **A. Prayer for Trusted Servants**

*Higher Power, we ask for your guidance in carrying out this work in service to the SLAA fellowship. Relieve us of the burdens of our egos and perfectionism. Grant us the grace of humility. Remind us to place principles before personalities. Help us to focus only on the greater good of the fellowship. Let us know that we are responsible only for doing the leg work, not the outcome. Give us the faith to trust in You and the group conscience. And . . .*

*Give us the serenity to accept the things we cannot change, the courage to change the things we can, and the wisdom to know the difference.*

##### **B. SLAA 12 Steps, 12 Traditions, and 12 Concepts (12 Concepts in January, April, July and October)**

##### **C. Introductions and “check-ins”**

D. Spiritual Timekeeper – Is there a volunteer to act as Spiritual Timekeeper?

E. Guidelines for Safety

In sharing during Intergroup meetings we proceed in an orderly, respectful manner. The chairperson will call on people to speak. We do not interrupt one another.

While we encourage expressions of opinions we do not direct them at specific people. This is called “personalizing.” We keep the focus on the specific issue under discussion.

Raise your hand and state “point of order” if you feel a procedural rule has been violated.

Anyone may request a 30-second spiritual timeout during the meeting. During a spiritual timeout, the meeting participants are expected to refrain from any activities including speaking, reading and writing for a period of 30 seconds.

You may request the Guidelines for Safety be re-read. The chairperson will pause the speaker and reread the Guidelines for Safety.

## II. REPORTS

A. November 2021 Minutes

B. Treasurer

Ending balance: **\$15,507.54**

C. Literature

D. Communications

E. Meeting registrar

|           | <u>2021 ytd</u><br><u>expenses</u> | <u>2021 income</u> |
|-----------|------------------------------------|--------------------|
| Jan-21    | 29.53                              | 514.57             |
| 21-Feb    | 119.33                             | 3441.77            |
| Mar-21    | 501.58                             | 467.14             |
| 21-Apr    | 38.87                              | 668.75             |
| May-21    | 28.03                              | 338.33             |
| 21-Jun    | 24.63                              | 437                |
| 21-Jul    | <b>\$1,108.00</b>                  | <b>\$332.29</b>    |
| august    | 441.76                             | 382.98             |
| september | 234.45                             | 484                |
| october   | 447.5                              | 616.17             |
| november  | 26.68                              | 364.5              |
| december  |                                    |                    |
| total     | <b>\$3,000.36</b>                  | <b>\$8,047.50</b>  |

#### IV. ANCILLARY REPORTS

- A. ABM Committees
- B. Journal
- C. Hybrid equipment committee
- D. Events (currently inactive)
- E. SLAA Service Forum

#### V. REQUESTS FOR NEW BUSINESS

##### V. OLD BUSINESS

Additional nominations and elections for officers.

Last month, candidates were nominated for the following IG positions.

Chair: Mark

Vice Chair & Communication: Dan

Secretary: Shoky, Sam

Treasurer: Cara

Literature: None

Registrar: Vanessa

#### VI. NEW BUSINESS

#### VII. BRING BACK TO MEETINGS

#### VIII. CLOSING WITH SERENITY PRAYER